



The 10th International Conference on Early Intervention in Mental Health

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De Stem, praatkaffee psychose werd geselecteerd voor een posterpresentatie op het IEPA-congres in Milaan. Hieronder het Engelse 'abstract', de korte samenvatting zoals deze door de programmacommissie van het congres werd goedgekeurd. De poster zal worden gepresenteerd door dr. Carmen Leclercq en Hjördis Laveyne.

De keuze om ons 'praatkaffee psychose' in het Engels te vertalen met 'dialogue café psychosis' is een idee vanuit de betrokken familieleden van de stuurgroep van De Stem.

The Voice, our Dialogue Café Psychosis

dr. Carmen Leclercq^{1,3}, Geert Gardin^{1,8}, Viviane Naessens^{4,8}, Dominique Degrande^{3,6,8}, Dag Van Wetter^{2,8}, Frank Schaffler⁸, Dirk Snauwaert^{1,8}, Jacqueline Barridez^{4,8}, Reginald Bonte^{4,8}, André Vandekerke^{4,8}, Elke Degroote^{4,8}, Arne De Kesel^{5,8}, Myriam De Meyere^{6,8}, Riet Depoortere⁸, Ilona Degraeve^{7,8}, Lisbeth Scherpereel^{2,8}

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The project, inspired by the explicit demand of family members, started back in September 2010. The Dialogue Café Psychosis was started by caregivers active in psychosis care within the broad Bruges region, joining forces with Similes, an organisation of family members. People who are confronted with psychosis have many questions and are longing for dialogue with all parties involved. Answers aren't easy to give, but giving support and proximity is always possible. The Dialogue Café Psychosis is mainly meant for family members of people with psychotic vulnerability. Experience shows that these families need to discuss psychosis with people going through the same process. This recognition and support between peers makes family members keep returning to the Dialogue Café. Attending caregivers experience a different role, as allies, as fellow-partners involved.

The Dialogue Café Psychosis is a bi-monthly event outside the psychiatric context. After an introduction of substantive information or a testimony, the main part consists of informal chats with everyone involved. This informative part is very diverse in terms of theme and format: public perception of mental health and psychosis, expertise-by-experience, evolutions in mental health care, art and psychosis, movies, testimonials, panel discussions,... About 100 to 120 people find their way to each Dialogue Café, there are new visitors every time. Clients with psychotic vulnerability are welcomed to participate in the dialogues.

The Voice, the Dialogue Café Psychosis is a collaboration of 15 partners and is coordinated by a steering committee of family members and professional caregivers.

(www.praatkaffee-destem.be – info@praatkaffee-destem.be)

Poster B115, Friday, October 21, 11:30 am - 1:00 pm, LaBaron

Topic Area: Psychosocial Interventions